

## **Duncan Edwards Leisure Centre - School holiday pool times**

## **Main Pool**

16.45 - 18.30 21.15 - 22.00

21.15 - 22.00

Please note: The term '1 lane' refers to a double width lane.

You may be refused entry without prior warning if we reach the max occupancy limit for our pool (based on our lifeguard ratios). The pool will be cleared after each session to make way for the next session.

Monday 06.30 - 09.00 09.15 - 11.00 09.15 - 11.00 11.15 - 12.15 12.30 - 14.15 12.30 - 14.15 14.45 - 16.30 14.45 - 16.30 16.45 - 18.30 21.15 - 22.00 21.15 - 22.00	Adults lane swim - 4 lanes Lane swim - 1 lane Public swim* - 2 lane open section Adults lane swim - 4 lanes Lane swim - 1 lane Public swim - 3 lane open section Lane swim - 1 lane Public swim - 3 lane open section Lane swim - 1 lane Public swim - 3 lane open section Adults lane swim - 1 lane Adults swim - 3 lane open section
Tuesday 06.30 - 09.00 09.15 - 11.00 09.15 - 11.00 11.15 - 12.15 12.30 - 14.15 12.30 - 14.15 14.45 - 16.30 14.45 - 16.30 16.45 - 18.30 16.45 - 18.30 21.15 - 22.00 21.15 - 22.00	Adults lane swim - 4 lanes Lane swim - 1 lane Public swim* - 2 lane open section Adults lane swim - 4 lanes Lane swim - 1 lane Public swim - 3 lane open section Lane swim - 1 lane Public swim - 3 lane open section Lane swim - 1 lane Public swim - 3 lane open section Adults lane swim - 1 lane Adults swim - 3 lane open section
Wednesday 06.30 - 09.00 09.15 - 11.00 09.15 - 11.00 11.15 - 12.15 12.30 - 14.15 14.45 - 16.30 14.45 - 16.30 16.45 - 18.30	Adults lane swim - 4 lanes Lane swim - 1 lane Public swim* – 2 lane open section Adults lane swim - 4 lanes Family fun disability swim Lane swim - 1 lane Public swim – 3 lane open section Lane swim - 1 lane

Public swim – 3 lane open section

Adults swim - 3 lane open section

Adults lane swim - 1 lane



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Thursday	
06.30 - 09.00	Adults lane swim - 4 lanes
09.15 - 11.00	Lane swim - 1 lane
09.15 - 11.00	
	Public swim* – 2 lane open section
11.15 - 12.15	Adults lane swim - 4 lanes
12.30 - 14.15	Lane swim - 1 lane
12.30 - 14.15	Public swim – 3 lane open section
16.45 - 18.30	Lane swim - 1 lane
16.45 - 18.30	Public swim – 3 lane open section
21.15 - 22.00	Adults lane swim - 1 lane
21.15 - 22.00	Adults swim - 3 lane open section
Friday	
06.30 - 09.00	Adults lane swim - 4 lanes
09.15 - 11.00	Lane swim - 1 lane
09.15 - 11.00	Public swim* – 2 lane open section
11.15 - 12.15	Adults lane Swim - 4 lanes
12.30 - 14.15	Lane swim - 1 lane
12.30 - 14.15	Public swim – 3 lane open section
14.45 - 16.30	Lane swim - 1 lane
14.45 - 16.30	Public swim – 3 lane open section
17.45 - 18.45	Ladies only lane swim – 1 lane
18.00 - 18.45	Ladies only aquafit – 3 lanes
21.15 - 22.00	Adults lane swim - 1 lane
21.15 - 22.00	Adults swim - 3 lane open section
Saturday	
07.00 - 09.00	Adults lane swim - 4 lanes
09.15 - 12.30	Lane swim - 1 lane
09.15 - 12.30	Public swim* – 2 lane open section
13.15 - 14.15	Saturday fun disability swim – 3 lane open section
14.30 - 17.00	Lane Swim* - 1 lane
14.30 - 17.00	Public swim* – 3 lane open section
Sunday	
07.00 - 09.00	Adults lane swim - 4 lanes
09.15 - 12.30	Lane swim - 1 lane

<sup>\*</sup>Pool space restricted due to NPLQ Lifeguard course.

## **Session Types**

09.15 - 12.30

 Adult lane swim: For adults 16 years and over who are competent swimmers and can do continuous lengths. \*Free swim available to eligible children.

Public swim – 3 lane open section

- Adult swim: For adults 16 years and over to swim leisurely. \*Free swim available to eligible 16 year olds.
- Lane swim: For adults and children over eight years of age who are competent swimmers and can do continuous lengths. \*Free swim available to eligible children.
- Public swim: Available to all members of the public. \*Free swim available to eligible children.
- Family swim (families only): For responsible adults with children only. A responsible adult must be present in the pool during this session. Children aged 8 years and over are allowed in the learner pool when attending with family during this session. \*Free swim available to eligible children.



- Ladies only lane swim: Available to ladies only. Please note that male lifeguards and male instructors may be on duty during this session. Use of the sauna facilities is included in this session for people 16 years and over. \*Free swim not available.
- Ladies only aquafit: Available to ladies only. Please note that male lifeguards and male instructors may be on duty during this session. Use of the sauna facilities is included in this session for people 16 years and over. \*Free swim not available.
- Ladies only family swim: Available to ladies only. Please note that male lifeguards and male instructors may be on duty during this session. Use of the sauna facilities is included in this session for people 16 years and over. \*Free swim not available.
- Saturday fun disability session: This session runs all year round and is for adults and children with disabilities and their families. \*Free swim not available.
- Family fun disability session: This session if for adults and children with disabilities and their families only runs in the holiday. \*Free swim available to eligible children.

## **Sauna Open Hours**

- Monday to Friday: 7.00 9.15\* (last admission 20.45)
  - \* Please note: A ladies only session operates on a Friday, therefore the sauna is only accessible to ladies from 17.45 19.00
- Saturday 08.00 17.00 (last admission 16.30)
- Sunday: 08.00 12.30 (last admission 12.00)

Please note: All times are subject to change without prior notice. Correct at time of print 8 October 2024.

